**LENT 2019: 40 Day Prayer and Scripture Guide**

**Day 1 – March 6**

**Praise the LORD**

Spend this day praising God all day long. The more you praise God, the more you become God-conscious and absorbed in His greatness, wisdom, faithfulness, and love. Praise reminds you of all that God is able to do and of great things He has already done.

***Read:*** Psalm 150

**Day 2 – March 7**

**Pray to make prayer a priority**

When we have a regular practice of prayer, we train our minds to dismiss the distractions of the world and focus instead on the sufficiency and power of God and His promises.

***Read:*** Ephesians 4:6

**Day 3 – March 8**

**Prayer of Thanksgiving**

We have so much to be grateful for in this life each and every day. But reality is that sometimes the constant life demands, struggles, and worries give more room to defeat than to a heart of thanks. Or we forget, in the midst of busyness and pressures, just to pause and give thanks for all that God had done, and continues to do in our lives.

***Read:***  Psalm 95:1-3

**Day 4 – March 9**

**Confession**

Forgiveness is always free. But that doesn’t mean that confession is always easy. Sometimes it is hard. Incredibly hard. It is painful to admit our sins and entrust ourselves to God’s care.

***Read:*** 1 John 1:19; Psalm 51

**Day 5 – March 11**

**Family**

We ought to live so that everybody knows we are a Christian… and most of all our family ought to know. Pray for your family to become what God desires, pray for household salvation and protection.

***Read:*** 1 Corinthians 13:4-8a

**Day 6 – March 12**

**Bishop Dennis V. Proctor & Missionary Supervisor D. Diane Proctor**

Pray for health and wellness, God’s protection upon them and their family, strength for their journey, God’s wisdom, and spiritual discernment.

***Read:*** Acts 20:28

**Day 7 – March 13**

**Pastors & Presiding Elders**

Pray and confess that the Spirit of the Lord, wisdom and understanding, counsel and might to rest upon pastors. Ask God to grant unto them a shepherds heart to love and lead as is pleasing to Him and to protect them from temptation.

***Read:*** Isaiah 11:2-3; Hebrews 13:17-18

**Day 8 – March 14**

**Local Church & Her Staff**

The church that does not evangelize will fossilize. The Great Commission says to make disciples, not members. It is too big for anyone to accomplish alone and too important not to try to do together.

***Read:*** Matthew 28: 18-20; Psalm 90:17

**Day 9 – March 15**

**Pray to Awaken the Passion to live for God Alone.**

Ask God to set a fire within you – a hunger for more of Him and His Word. Pray that your desire to be close to God would only continue to increase. Spend a few minutes remembering how you felt when you first came to know Jesus. Ask God to make you feel that way again.

***Read:*** Ephesians 3:14-21; Romans 15:5-6

**Day 10 – March 16**

**Pray for Steadfastness.**

The world is full of many distractions, and each new year brings the opportunity for more disorder. Pray for steadfastness. Ask God to steady your heart, direct your steps and help you keep your eyes fixed on Him. Thank Him for giving you the strength you need to stand firm on His promises when the rest of the world is wavering.

***Read:*** 1 Peter 5:7-10

**Day 11 – March 18**

**Pray for Spiritual Growth.**

Ask God to give you the grace to know Him more, in spirit and in truth. Thank Him for His commitment to complete the good work He began in you. During your quiet time, make a list of areas where you’d like to grow specifically this year. Keep a God gratitude journal or just spend more time in God’s presence.

***Read:*** Philippians 1:6

**Day 12 – March 19**

**Thank God for His Never-Ending Love.**

Ask that He would cultivate within you a deeper understanding of His love. Ask Him to fill you with His love until you are overflowing. Pray that your life could be a reflection of His love to everyone you meet. Think about tangible ways that you can show God’s love to others.

***Read:*** Romans 5:8; 1 John 4:9-11

**Day 13 – March 20**

**Pray for God to Fill You with Great Joy.**

In the days following Christmas, joy is still fresh on all of our minds. Emmanuel has come. God is with us. Joy has entered the world, and that joy is the very presence of God. Today, pray for God to fill you with His great joy. Ask God to help you learn to receive and live out of this great gift. Thank Him for sending His son to be born in a manger and bring joy to the world.

***Read:*** 1 Peter 1:8-9; Isaiah 35:10

**Day 14 – March 21**

**Pray for Peace.**

Pray for peace – on Earth, and in your home, workplace and heart. Pray that the Prince of Peace would come and unite His people. Pray for harmony among the nations. Lastly, pray for peace within your very own soul. Lay your stress, anxiety and fear at God’s feet and ask Him to speak peace and calm over your situations. Spend a few moments breathing in God’s peace and breathing out your stress.

***Read:***Colossians 3:15; Psalm 29:11

**Day 15 – March 22**

**Pray for Patience.**

We live in a culture that wants everything, and wants it yesterday. Pray for patience. Pray for strength to be counterculture and break free from the world of instant gratification. Ask God to replace your restlessness with patience, contentment and peace. Release whatever you’re feeling impatient about into His hands and trust that His timing is perfect.

***Read***: Romans 8:24-30

**Day 16 – March 23**

**Pray for a Heart of Kindness.**

Pray for a heart that is tender, meek and mild like Jesus. Ask God to show you how to be kind and compassionate in everything that you do. Ask Him to help you be tenderhearted and forgive others, just as in Christ God forgave you.

***Read:*** Isaiah 54:8; Colossians 3:12

**Day 17 – March 25**

**Reflect on God’s Goodness.**

Thank God for his goodness, sovereignty, compassion and mercy. Thank Him for every good and perfect gift He has blessed you with. Thank Him for being so gracious, loving and patient with mankind. Ask Him to help you remember to give thanks for all He has done and will continue to do.

***Read:*** Psalm 107; Psalm 145

**Day 18 – March 26**

**Pray for Faithfulness.**

Pray that God would keep you faithful in serving Him all the days of your life. Pray that when you wake up your first desire would be to feast on God’s Word and drink in His presence, so that you can serve Him in faith and love. Ask God to help you put selfishness aside so that you can do His will.

***Read:*** Deuteronomy 10:12-13; Hebrews 10:23

**Day 19 – March 27**

**Choose Your Attitude.**

Our attitude influences every part of our lives. And here’s the wonderful thing: We have the power to choose what kind of attitude we want to have. That means we get to choose what kind of life we lead. Pray for a Christ-like attitude. Pray that even when things go horribly wrong, you will have the courage to stay positive and pure. Ask God to renew your mind to see trials as an opportunity for great good.

***Read:*** Philippians 4:8-9

**Day 20 – March 28**

**Pray for Courage.**

Ask God to help you trust in Him completely, even when fear threatens to weaken your faith. Pray that when the time comes for you to be brave, you will remember that God is with you. Pray for a courageous heart – a heart that does the right thing even if it’s afraid, a heart that walks boldly into whatever God Calls you to do.

***Read:*** Deuteronomy 31

**Day 21 – March 29**

**Have Confidence in God.**

If there was one thing we all could use a healthy dose of, it would be holy confidence – confidence that comes from knowing we are deeply loved, rescued and set free. Today, pray that God would remind you of the simple truth that confidence can only be found in chasing after Him. Ask God to help you become comfortable with sharing your story, and ask Him to provide opportunities to be a witness to the world.

***Read:*** 1 John 5:14; Hebrews 4:16

**Day 22 – March 30**

**Pray for Wisdom.**

We know that the wisdom that comes from heaven is, first of all, pure. It is then peace-loving, considerate, submissive, merciful, fruitful, impartial and sincere. Pray that God would fill you with heavenly wisdom, so that you can increase in knowledge and understanding of Him. Spend a few minutes reflecting on the wise people in your life. What makes them wise? What do you admire about them?

***Read:*** Proverbs 1:7; James 3:17

**Day 23 – April 1**

**Pray for Balance.**

For many of us, life feels like it’s always busy, always teetering on the edge of spinning out of control. Pray that God would help you establish more balance in your daily life. Ask Him to help you remember that there is a time for every event under heaven, and that the life He has called you to is not one of chaos but of holiness. Make a list of everything that is on your plate right now and ask God to show you how to best manage your time.

***Read:*** Ecclesiastes 3:1-8

**Day 24 – April 2**

**Ask the Lord to Give You His eyes.**

We can walk through life with blinders on, or we can open our eyes and look for opportunities to be God’s hands and feet. Ask the Lord to give you His eyes. Pray that He would transform your outlook from being me-focused to being we-focused (focused on the needs of others first).

***Read:*** Genesis 50:20; Romans 8:28

**Day** **25 – April 3**

**Ask God for Endurance.**

Prayer and faith are lifelong pursuits, so pray for strength and perseverance. Ask God to give you the endurance you need to keep running the race for Him.

***Read:*** Romans 12:12; Colossians 1:14

**Day 26 – April 4**

**U.S. President and Other Elected and Appointed Officials.**

Pray for those in position of authority - President, Congressional Representatives, Judges, Police, Governors, Mayors, etc.. Pray that God would make their hearts and ears attentive to godly counsel, to that which is right in God’s sight, and that they would be men and women of integrity.

***Read:*** 1 Timothy 2:1-4; Proverbs 21:1

**Day 27 – April 5**

**Persecuted Church.**

Pray for our brothers and sisters in Christ who face persecution, cannot worship openly, and are imprisoned, beaten, tortured, and humiliated for their faith. Their suffering is unimaginable. Pray for courage, hope, perseverance, strength, grace, and mercy. Pray that they stand firm in their faith, hold fast to the promises of God, and live victoriously in Christ. Pray that their witness would inspire those who seek to harm them.

***Read:*** Hebrews 13:3; 2 Corinthians 1:7-9

**Day 28 – April 6**

**Pray for Your Community.**

Pray for unity in the community, local government, schoolteachers and administrators, first responders, and civil servants. Pray that God would use you to reach your neighbors with the message of Jesus. “Lord, we desire to release rivers of living water for the healing of our community and beyond.”

**Day 29 – April 8**

**Thank God for Your Salvation Through Jesus Christ.**

Who else would’ve given up his son for you, for me? What grace God has shown for His children! Thank Him that no man, no thing, no power in hell, can undo what He did on the cross. Thank God Almighty that you have been saved from the sting of death. Praise God for the blood of the Lamb! Ask that He would give you boldness to share your testimony of salvation with others.

***Read:*** Psalm 62:6-7; John 3:16

**Day 30 – April 9**

**Thank God for How the Story Ends.**

More than ever before in our world, it may look like the enemy is winning. But we know the Truth. We have read the ending of the Book of Truth. The truth is that when it’s all said and done, God will prevail. Thank Him that we will look into His Wonderful face and sit at His feet in sweet fellowship. Pray for a fresh touch of encouragement, reminding you of the hope you have in Him.

***Read:*** Revelation 21:3-4; Revelation 22:5

**Day 31 – April 10**

**God’s Purpose for the Church.**

Everything we do that is worthwhile has a purpose. Rich Warren in his book, “The Purpose Driven Church” outlines for us five purposes that Jesus gave the church:

Worship – Ministry – Evangelism – Fellowship - Discipleship

***Read:*** Philippians 2:1-11

**Day 31 – April 11**

**Unity in the Body of Christ.**

Unity is absolutely essential because the church is the “Body of Christ”, and a body cannot be in disunity or disharmony with itself.

***Read:*** 1 Corinthians 12:27

**Day 32 – April 12**

**Greater Love for People.**

We should desire to get to a place where love replaces duty in our relationship with others. Be loving to your brothers and sisters in Christ, whether they deserve it or not. Love those who have hurt or mistreated you.

***Read:*** John 13:34-35

**Day 33 – April 13**

**Put on the Full Armor of God.**

The Bible often illustrates the Christian life as a battle against sin and Satan. We are soldiers of Christ in a spiritual warfare. We do not wrestle against flesh and blood, but against …spiritual hosts of wickedness. That’s why the Bible instructs Christians to put on the whole armor of God, that we may be able to stand against the wiles of the devil.

**Read:** Ephesians 6:10-18

**Day 34 – April 15**

**Hunger & Thirst for God’s Word.**

We want to grow to love His Word so much that we can’t live without it. To desire God’s Word like a newborn baby desires milk. God doesn’t want His Word to be drudgery but to be longed for.

***Read:*** 1 Peter 2:2

**Day 35 – April 16**

**A Passionate Pursuit of God.**

What are you really passionate about? We can be passionate about a lot of things - sports, family, material desires… but what about God? Would you say you are passionate for Him? Passion comes from relationship. The closer you get to something the more passionate you will become about it.

***Read:*** Psalm 42:1-2

**Day 36 – April 17**

**Spiritual Enlightenment**

“God open the eyes of my understanding that I may know the hope and rich inheritance I have in Christ.”

***Read:*** Ephesians chapter 1

**Day 37 – April 18**

**Conquering the Thought Life**

“In the name of Jesus, I take authority over my thought life. I cast down everything that exalts itself against God and the gospel.”

***Read:*** Philippians 4:8; Colossians 3:1-3; 2 Corinthians 10:3-5

**Day 38 – April 19**

**Extravagant Generosity**

Pray to grow in giving. To be a good steward over your finances. “I give because I trust You Lord, I give because I love God, the church, and desire to grow in love of neighbor. Lord set my heart to give generously because I desire to make a positive difference for the purposes of Christ and because I want to align my life with higher purposes.”

***Read:*** 2 Corinthians 9:11; Luke 12:22-28; 1 Timothy 6:18-19

**Day 39 – April 20**

**Increase**

Pray for more. “Lord I want more of You and less of me. Spirit of the living God fall fresh on me as I yield to Your purpose and your ways.”

**Day 40 – Resurrection Sunday**

Praise and thank God for the fruit that will result from these 40 days of prayer and seeking His face. Thank Him for the opportunity and privilege of partnering with Him in Kingdom building. Your signature below is your acknowledgment that you are ready to submit to God. Then tell God that whatever He has for you - whatever assignment, whatever sacrifice, whatever act of obedience - your answer will be YES. “Yes Lord to Your will and yes to your way. I will go for you, I will do what You say to do.” Whatever God writes on the pages of your life your answer will be YES! **AMEN.**

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